1-800-BETS OFF

IOWA GAMBLING TREATMENT PROGRAM

STAKEHOLDER'S MEETING



August 7, 2015 9:00 AM – 10:30 AM

www.idph.state.ia.us/IGTP/Committee.aspx

IGTP Stakeholder's Meeting

- WELCOME!!
 - Webinar Originates at the Lucas Building, 6th Floor Director's Conference Room
- Overview of ZOOMInterface
 - Audio 🔤 Settings
 - Muting Audio/Video
 - Microphone/Audio/Video icons
 - Headset is best if joining by computer and not using phone
 - Settings
 - Manage Participants
 - Show Screen
 - Chat
 - Record
- Role Call
 - Click on "Chat" icon and type in your name and organization. If attending by phone, please send email (<u>eric.preuss@idph.iowa.gov</u>) that you were in attendance.

🏂 Invite 🧸 Manage Participants 🔙 Share Screen 🏟 Chat 🌘 Record

- Agenda and PowerPoint
 - Posted at http://www.idph.state.ia.us/IGTP/Committee.aspx

August 7, 2015

IGTP Stakeholder's Meeting

- May 1, 2015 Minutes
 - Any questions?



Iowa Department of Public Health Promoting and Protecting the Health of Iowans

Gerd W. Clabaugh, MPA

Terry E. Branstad

Kim Reynolds Lt. Governor

Iowa Gambling Treatment Program
Stakeholder's Meeting
May 1, 2015
9:00 AM - 10:30 AM

NOTES

(THANKS SHELLY FOR TAKING THE NOTES!)

- 1) Attendees: Allison Schwab (SASC), Alondra Majin (ADDS), Amy McCarrell (Rhythm City Casino), Amy Ring (Prairie Ridge), Audrey Carlson (IRGC), Bryan Gruhlke (Visionary), Danielle Brackin (Pathways), Debra Buckner (Pathways), Debra Prier (SASC), Jeff Graber (Harrans), Jerry, Bauerkemper (PGRS), Ki Park (CSBR-UNI), Kim Jorgensen (Jackson), Lorelle Mueting (HFS), Matt Snider (Diamond Jo), Margaret Van Ginkle (ISU), Meagen Wentz (Prairie Ridge), Nick Brown (Jackson), Nicolas Foss (ADDS), Paula Garmette (ADDS), Sarah Evans (Prelude), Shar Jones (ISAIC), Shelly Zabel (CFR), Sheri Frost, Stephanie Spencer-Rice (ClearChannel), TJ Gorman (HFS), Wes Ehrecke (IGA)
- 2) Brief Overview of ZOOM and features
- 3) Review of January 9, 2015 Minutes
- 4) IGTP Update
 - National Problem Gambling Awareness Month Recap
 - Health Promotion Campaign-Integrated campaign between IDPH and Lottery based on Secrets campaign. More comments about the campaign and seeing than ever before.
 - IDPH
 - lowa Lottery (Thank You!!!) Wes E. and Mary N.
 - Impact/Results-Calls increased about 10% in March, highest volume, and referrals increased 33% and Bets Off calls increased about 20%, visits to the web site also increased.
 - Survey Results: Feedback on Campaign from Casinos-nearly 100% participation.
 Comparison report of how perception on how the campaign went. Will compare Providers to Casino results
 - Spring Webinar Recap
 - February 11, 2015 and March 11, 2015: 'App'rehensive: The Blurring Lines of Gaming/Gambling — and How to Protect Our Most Vulnerable by Julie Hynes. Almost 500 registered and nearly 200 attended. It is posted on the website if you didn't get the opportunity to attend.
 - March 12, 2015: Medication Assisted Therapy (MAT) Research for Pathological Gambling Webinar Session by Jon Grant. 208 registered 57 attended.
 - April 8, 2015: Parkinson's/RLS Medication Affecting Increase in Problem Gambling, A Gambling Webinar Session by Anhar Hassan. 148 registered with 103 attending.

Lucas State Office Building, 321 E. 12th Street, Des Moines, IA 50319-0075

515-281-7689
www.idph.state.ia.us
DEAF RELAY (Hearing or Speech Impaired) 711 or 1-800-735-2942

August 7, 2015

SBIRT - DG-PSS

- Screening, Brief Intervention, Referral To Treatment (SBIRT)
 Project
 - Alcohol/Drug Screening at selected FQHC's and the National Guard
 - 59,000+ lowans screened to date
 - 2,800+ Brief Interventions
 - 766+ Brief Treatment
 - 959 Referral To Treatment
- National Guard Problem Gambling Pilot Project
 - Military rates of problem gambling
 - 18% for Males
 - 5% for Females

Note: General Iowa Problem Gambling Prevalence rate is around 2%

- Disordered Gambler Pre-Screen and Screen
 - National Guard members who screen positive for Brief Treatment for Substance Abuse, will complete the DGPSS.

August 7, 2015

IOWA GAMBLING TREATMENT OUTCOME

Ki Park, Ph.D.; UNI-CSBR Eric Preuss, MA, IAADC, CCS, LICDC; IDPH





Objectives

 Understand the key factors related to 2013-2014 treatment outcome.



- Completion of treatment
- Length of the services
- 2. Factors related
 - Wait days
 - Encounters

1. Satisfaction of treatment

2. Problem gambling assessment

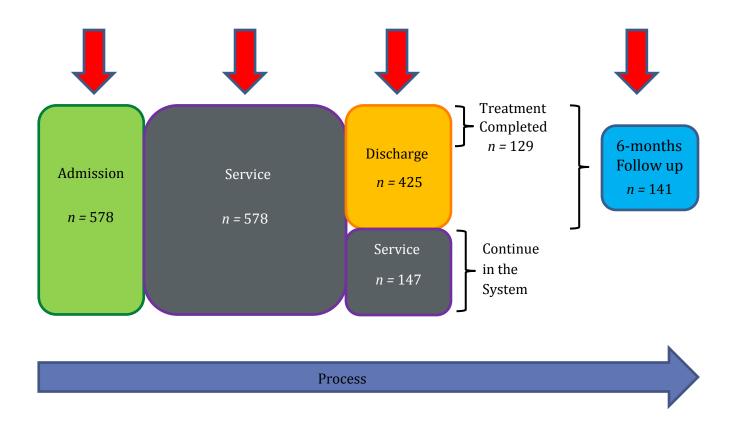
I-smart

6 months after discharge follow up

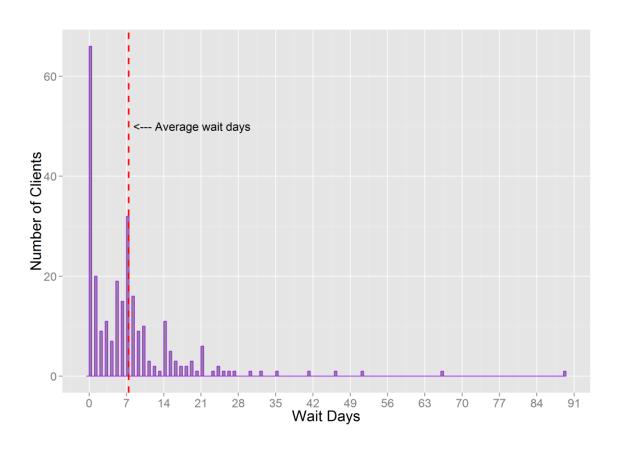
Data sets

- I-smart
 - Intake (all)
 - Admission (all)
 - Encounters or services (all)
 - Discharge (completed treatment)
- 6-months follow up (a subsample of those who consented at admission: complete & incomplete treatment)

Calendar years 2013-2014



Wait days in 2014



Wait days	
Clients	n=267
Average	7.40
Minimum	0
Maximum	89

Average wait days by agency in 2014



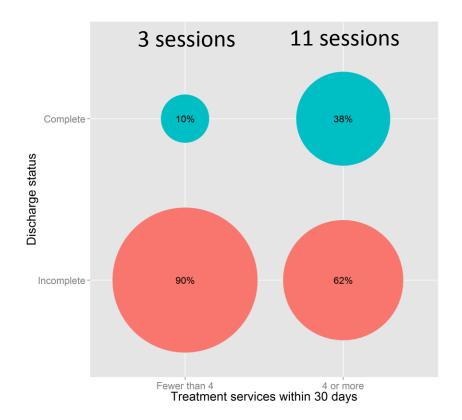
Factors

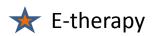
- ★ Treatment services within 4 weeks
- ★ E-therapy
- * RSS

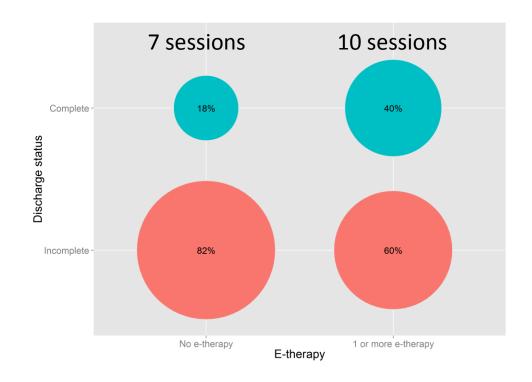
Outcome

- ★ Length of the services (ALL)
- ★ Discharge status (ALL, but about 1/3 with information)

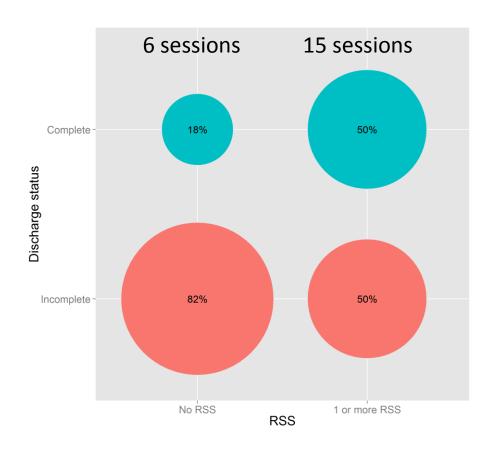
★Treatment services within 4 weeks

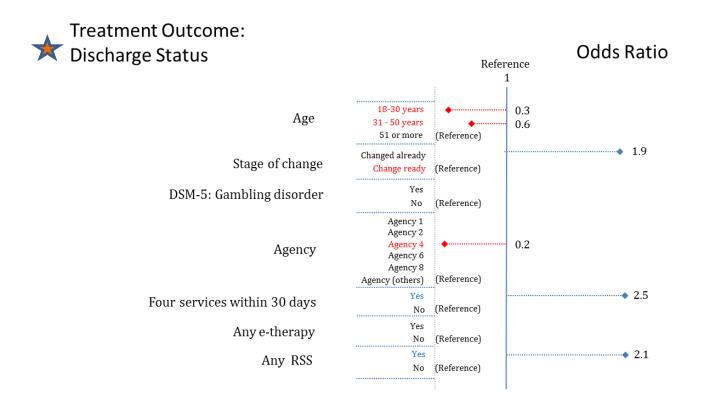












*	Length of the services	Unstandardize d Coefficients		
		β	SE	р
	β_0	1.205	0.204	
+	Male	0.163	0.080	0.042
+	Suicidal	0.227	0.102	0.027
	Agency			
-	Agency 4	-0.308	0.143	0.032
+	Agency 6	0.596	0.144	0.000
+	4 + services within 30 days (Yes)	0.969	0.089	0.000
+	Any RSS count	0.627	0.101	0.000

QUESTIONS?

Ki Park
Center for Social and Behavioral Research
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319.273.3114

Eric M Preuss Iowa Gambling Treatment Program <u>eric.preuss@idph.iowa.gov</u> 515.281.8802







Problem Gambling Report May 2015

Ethan Sahker, MA
Julie Palmer, BA
Stephan Arndt, PhD



Funds provided by Iowa Department of Public Health



Overview

The following report addresses 4 questions on youth gambling behaviors using 2014 Iowa Youth Survey (IYS) data:

- Who gambles among 6th, 8th, and 11th graders in Iowa?
- What are the significant types of gambling among youth; do they differ between boys and girls and do they change across grades?
- Where in the state are the highest rates of gambling among youth?
- Is youth gambling related to other factors?

Data

- The analyses focus on 2014 lowa Youth Survey (IYS) questions that asked if the respondent:
 - Ever gambled (lifetime gambling),
 - Ever won or lost over \$25 in a day,
 - Gambling frequency for a number of activities, and
 - Whether or not they had arguments with family or friends about gambling.
- The IYS included responses from over 76,000 6th, 8th, and 11th graders.



IYS

Table 1: Number of Validated 2014 Iowa Youth Survey Records

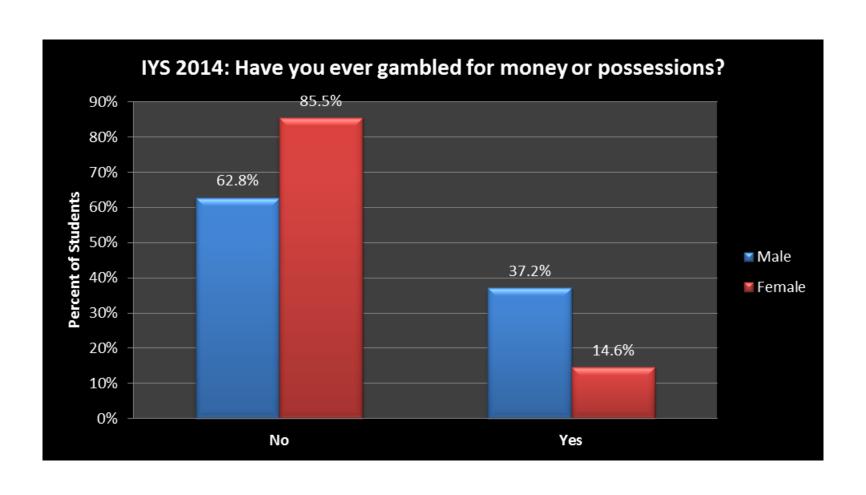
Grade	Male	Female	Total ¹
6th	13,182	12,766	26,117
8th	13,295	13,003	26,443
11th	12,321	12,009	24,464
Total ¹	38,815	37,803	77,139

^{*}Note: Row/column totals do not add up since they include those with missing grade or sex responses



Who gambles among 6th, 8th, and 11th graders in Iowa?

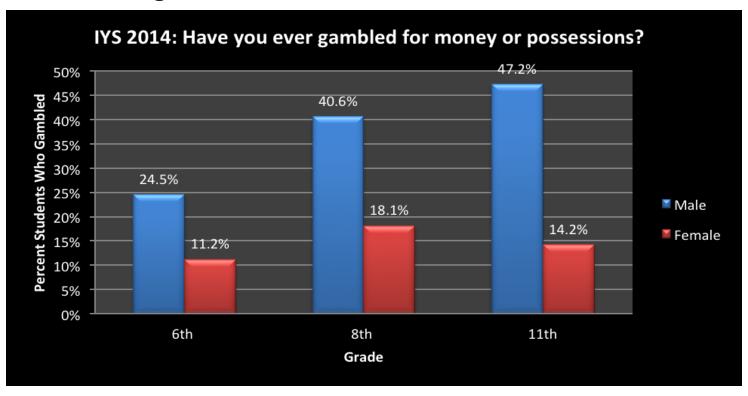






Percent Gambled over Grade and Sex

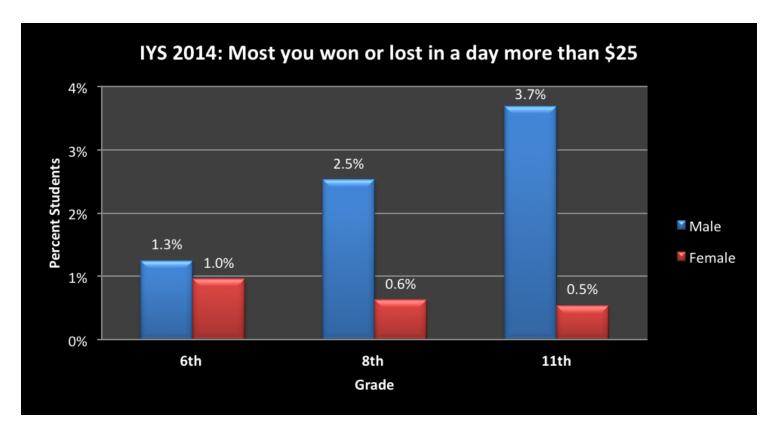
- The percentage of boys have gambled increases over time
- Less so for girls





Lost more than \$25

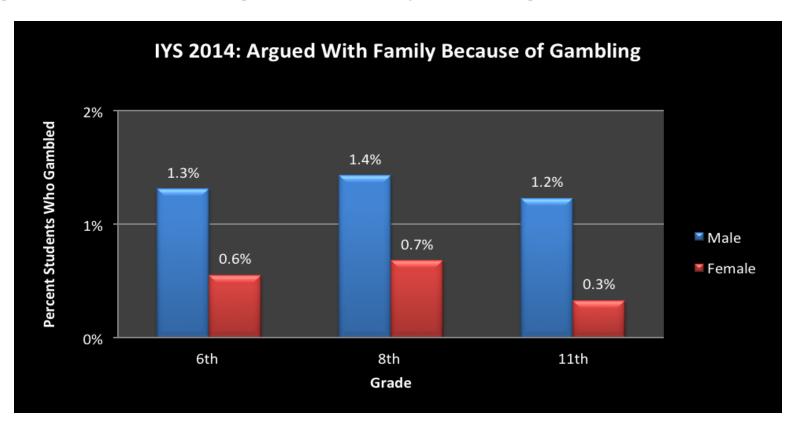
Again, boys seem to increase more so than girls over grade





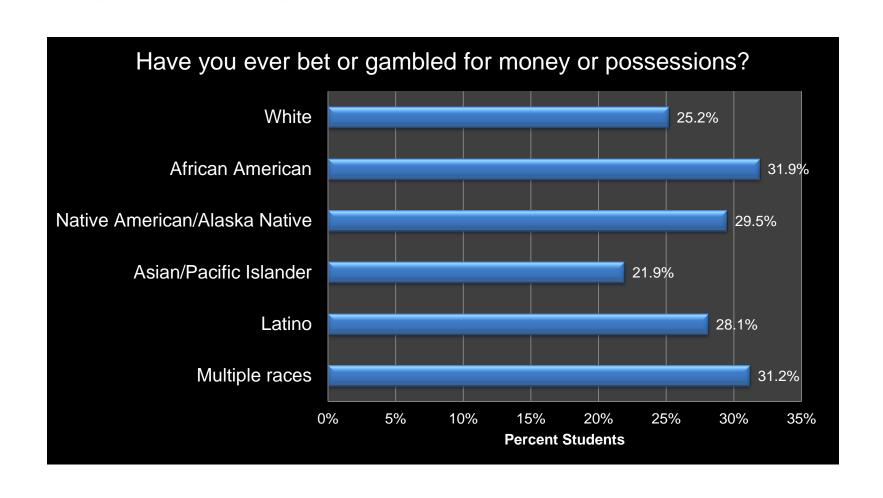
Arguments Over Gambling

Arguments over gambling appear fairly constant over grade but are higher for boys than girls.

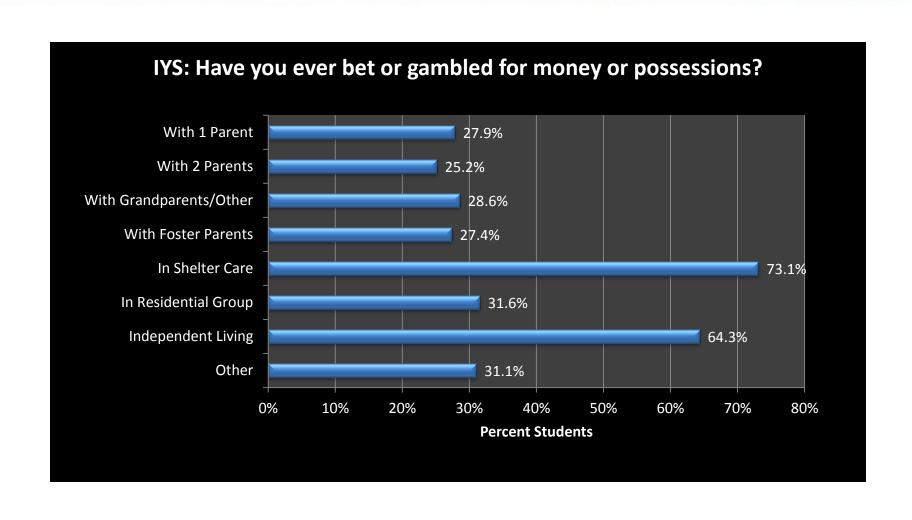




Race/Ethnicity and Gambling

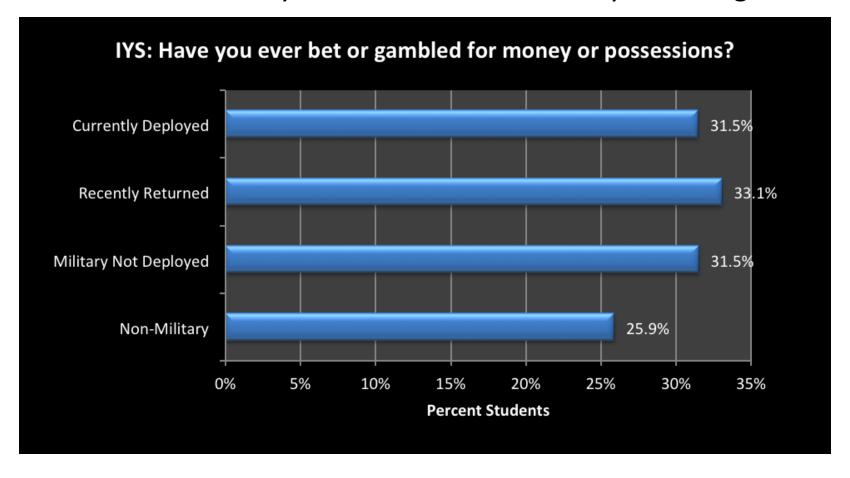


Living Arrangements and Gambling



Gambling in Military Families

Students from military families were more likely to have gambled

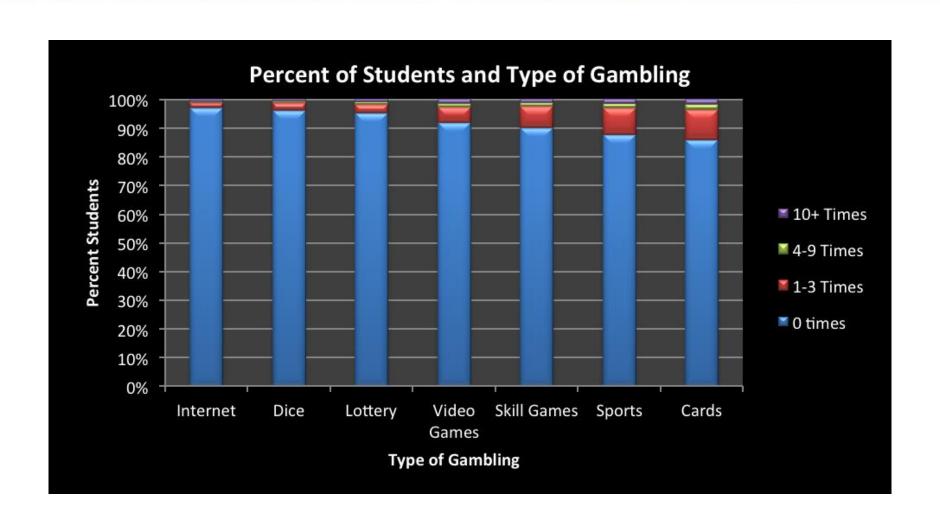




What are the significant types of gambling among youth; do they differ between boys and girls and do they change across grades?

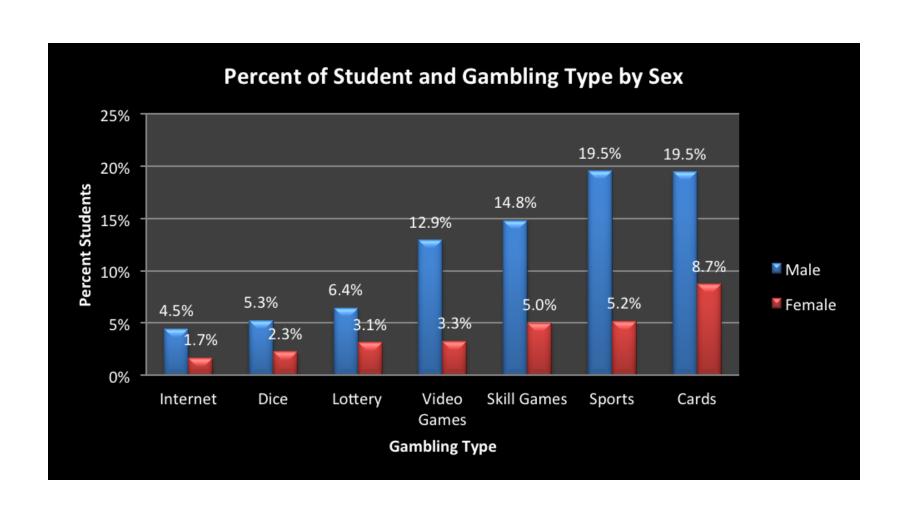


Percent of Students Who Gambled Within the Last Year at Various Games



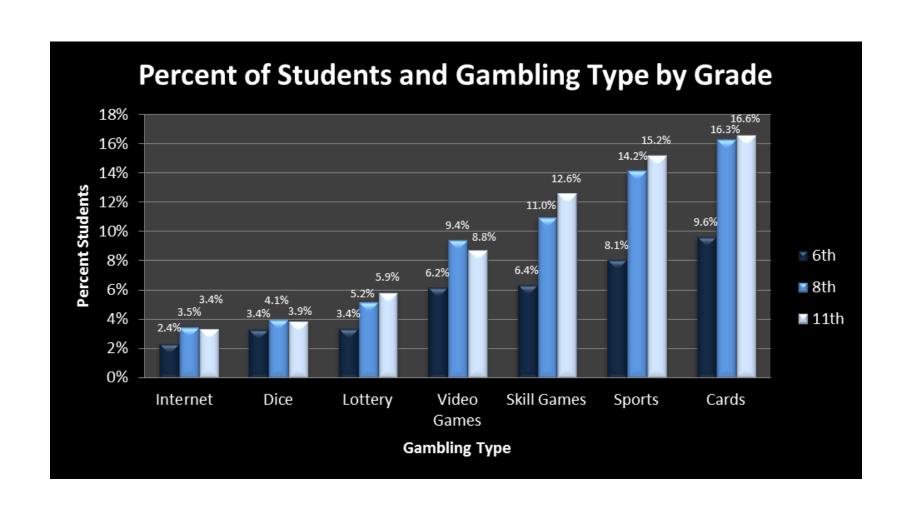


Type of Game and Sex



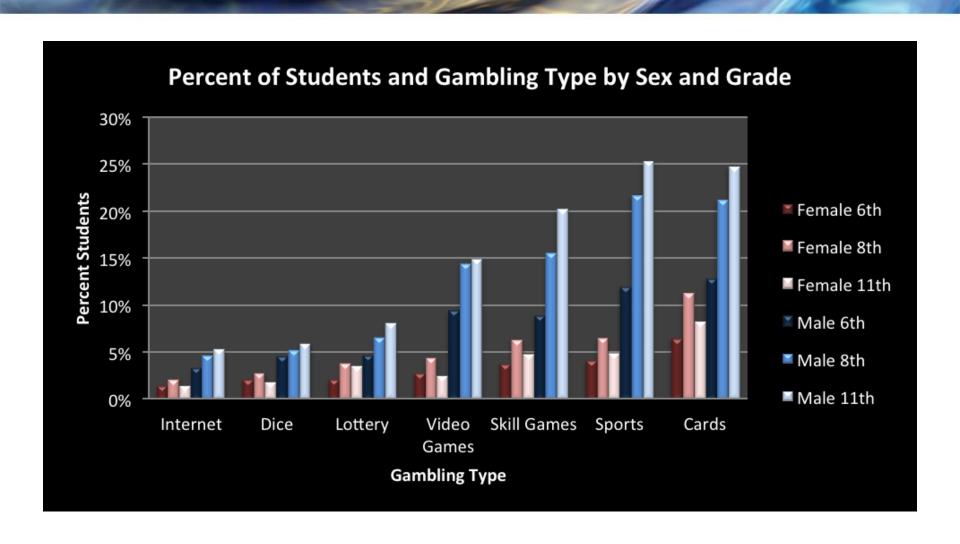


Type of Game and Grade



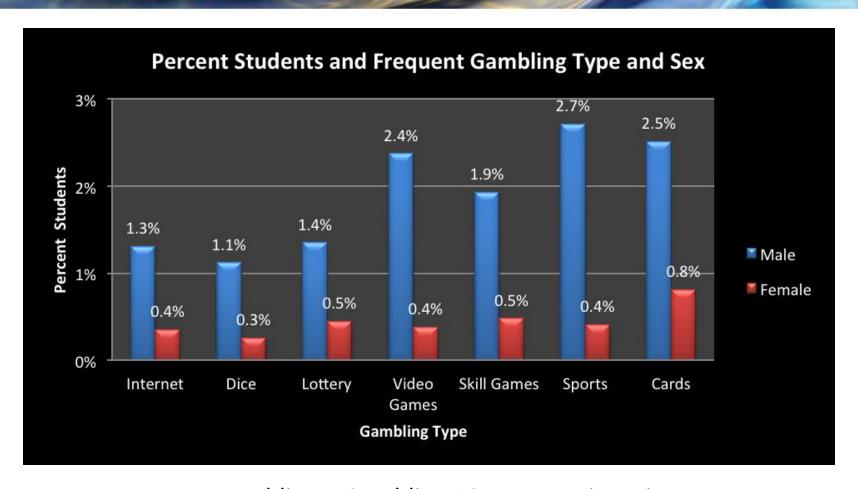


Type of Game, Grade, and Sex





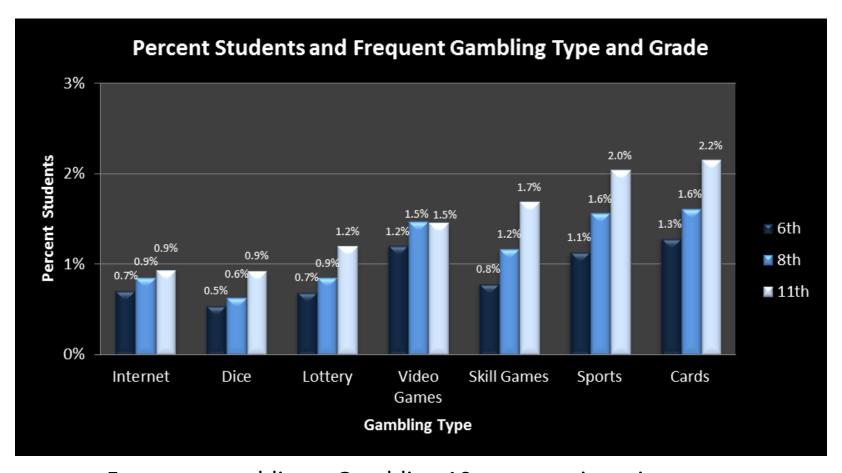
Frequent Gambling by Sex



Frequent gambling = Gambling 10 or more times in a year



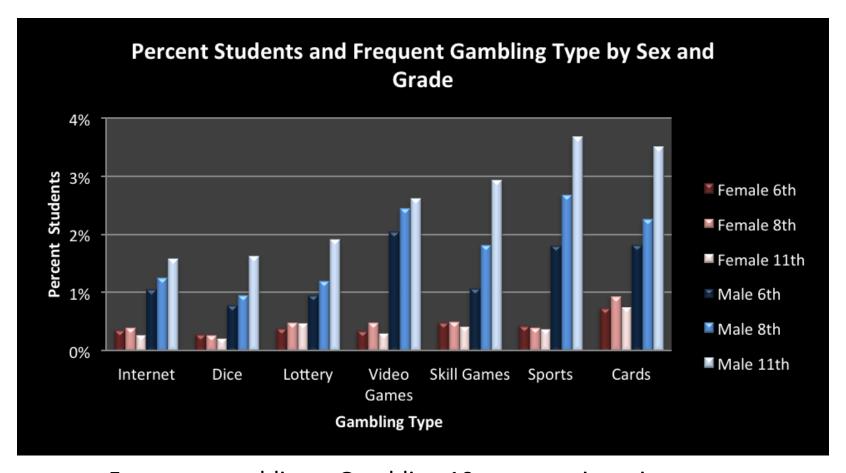
Frequent Gambling by Type of Game and Grade



Frequent gambling = Gambling 10 or more times in a year



Frequent Gambling by Type of Game, Grade, and Sex



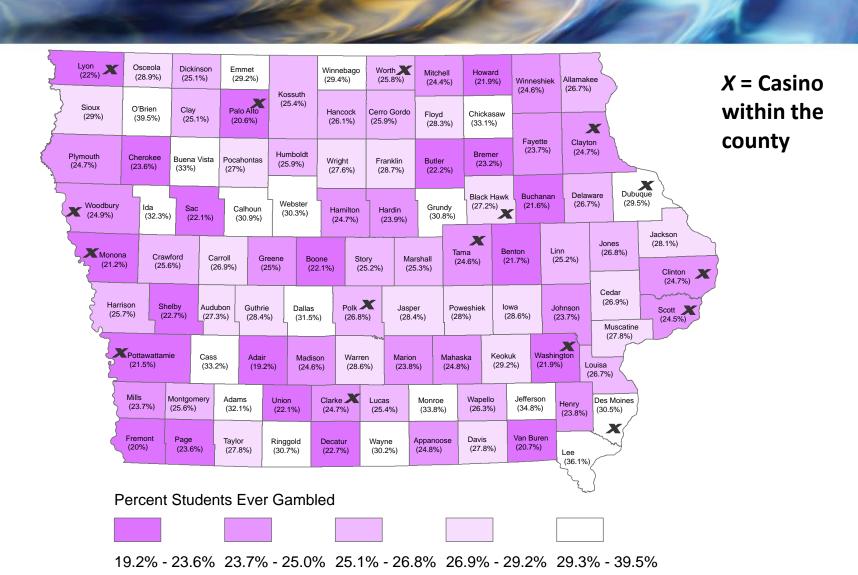
Frequent gambling = Gambling 10 or more times in a year



Where in the state are the highest rates of gambling among youth?

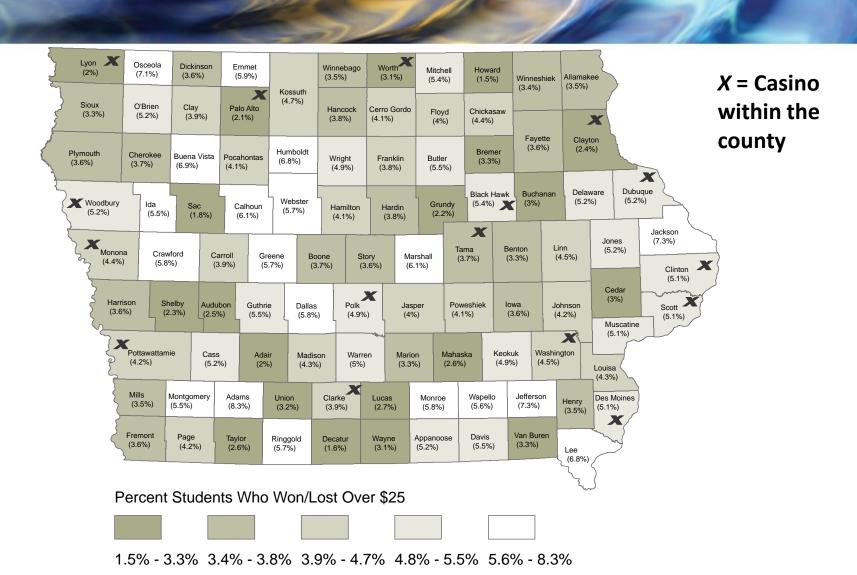


Counties and Percent Ever Gambled



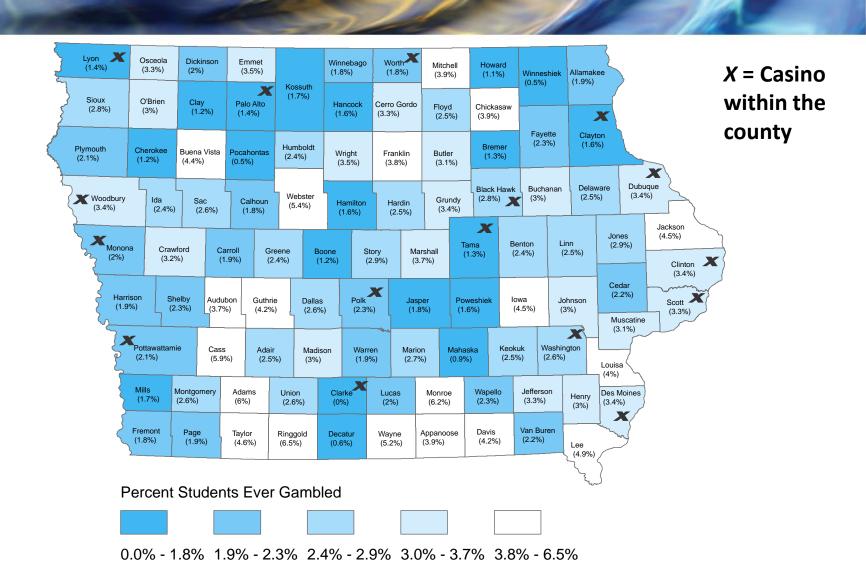


County and Percent Student Who Won or Lost \$25 or more





County and Argued with Family over Gambling





Analyses of Casino Location and Student Gambling

Statistical analyses indicated:

- Some counties tended to have consistently higher or lower youth gambling issues
- There was no evidence from these data to indicate that counties with casinos had higher youth gambling problems



Is youth gambling related to other factors?



Youth Gambling is associated with Substance Use

	Ever Gambled?			
Lifetime Use of:	No	Yes	Risk Difference	
Alcohol	23.9%	47.0%	23.1%	
Binge Drinking	4.0%	11.0%	7.0%	
Marijuana	7.0%	15.5%	8.5%	
Drugs	14.9%	29.1%	14.3%	
Tobacco	8.0%	19.4%	11.4%	

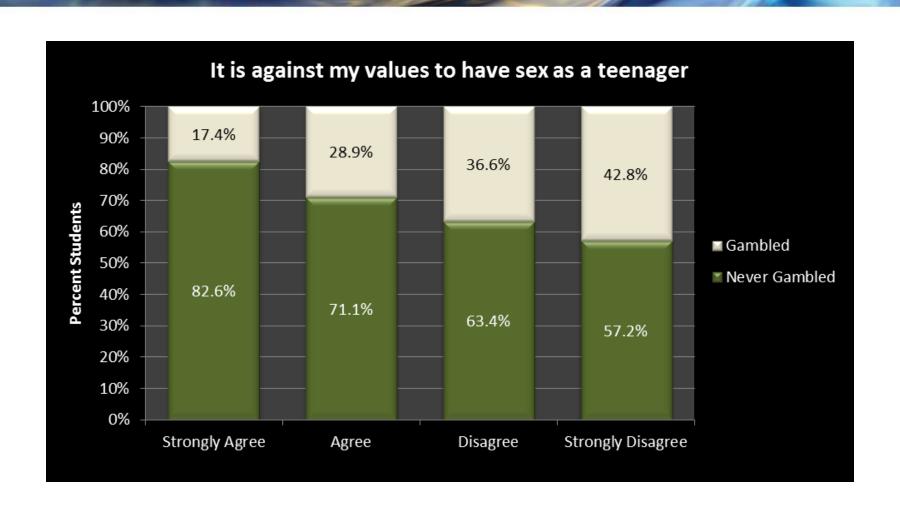


Other Risky Behaviors and Gambling

Other Bider Behavior	Odds Ratios of Other Risky Behaviors Predicting the likelihood of Gambling			
Other Risky Behavior	Lifetime gambling	Argued	Won/Lost >\$25	
Carried a weapon at school	2.86	1.56	2.67	
Used weapon at school	1.03	1.82	1.14	
Used AOD at school	1.22	1.32	1.79	
Disciplined	1.27	1.58	1.38	
Damaged Property	1.42	1.34	1.30	
Beat up Someone	1.54	1.80	1.84	
Threatened someone	2.18	1.17	1.63	
Stole	1.65	1.95	1.50	
Bullied someone	1.64	2.18	1.55	

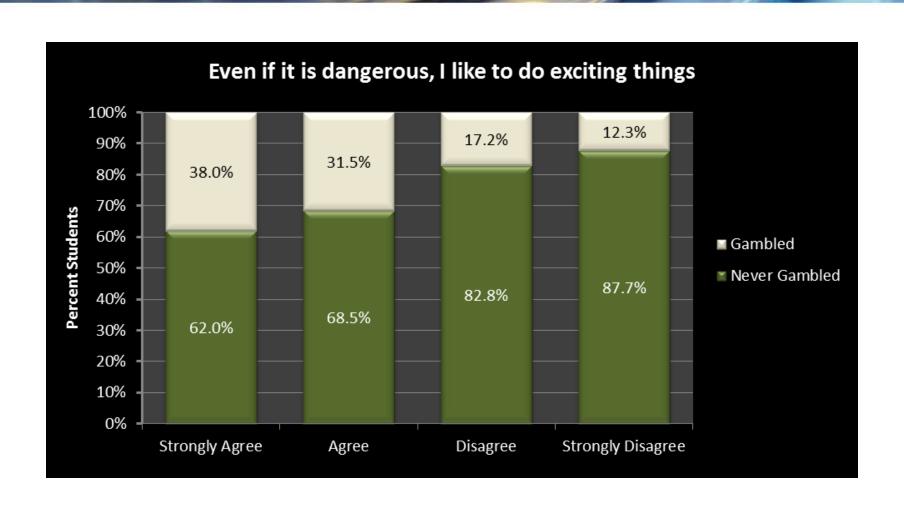


Attitudes Towards Having Sex and Gambling





Attitudes Towards Dangerous Behavior and Gambling

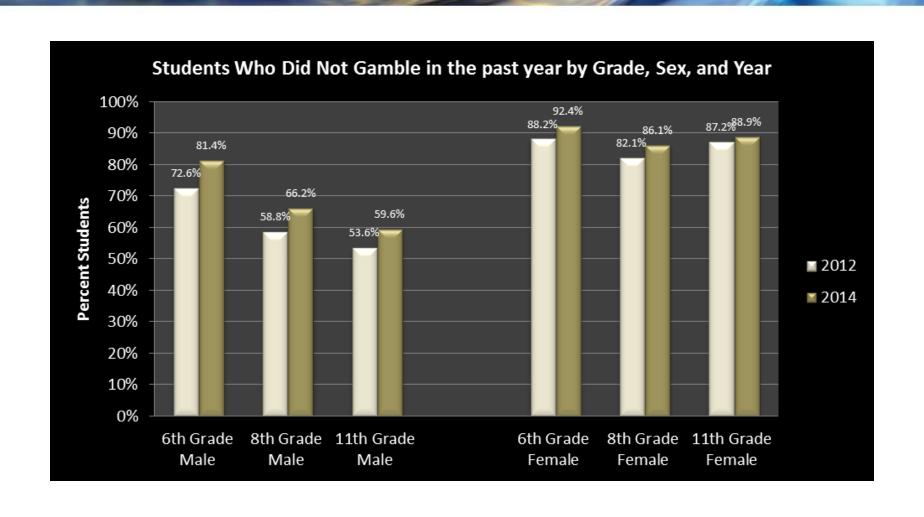




How does gambling in 2014 compare to 2012?



2012 and 2014 Comparison



Work Force Tool Kit

- Joint project
 between Employee
 and Family Services
 and Heartland
 Family Services
 - Developed for Prevention
 Professionals to use when approaching businesses about their work place policy regarding gambling



Work Force Tool Kit

GAMBLING IN THE WORKPLACE

Employee & Family Resources Heartland Family Service



PowerPoint Booklet

Goals for this presentation

Learn what problem gambling is and how it can get started Understand why gambling at work can be a negative thing Recognize the need for a comprehensive company policy regarding problem gambling

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Work Force Tool Kit

Signs of Problems in the Workplace

Work performance deteriorates

- pre-occupied
- trouble concentrating
- · absent or late for meetings
- misses assignment deadlines

Frequent unexplained absences or disappearances from work

Eager to organize and participate in betting opportunities

- Frequently borrows money, argues with co-workers about money that is owed to them
- · Complains about mounting debts
- Excessive use of the telephone for personal calls
- Experiences mood swings, often related to winning and losing streaks
- Credit card or loan bills are mailed to work rather than home
- Increasingly spends more time gambling during lunch hours and coffee breaks
- · Pay is requested in lieu of vacation time
- False claims are made against expense accounts
- Theft of property

8

What can organizations do?

- Create a Gambling in the Workplace Policy
- 2. Provide awareness training
- Provide financial counseling
- 4. Monitor the money stream
- 5. Do not give out lottery tickets or host events at a casino
- Do not endorse office pools or allow them to be played with money
- Oregon Department of Human Services

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www.1800BETSOFF.org

Enhancement Update

- Visionary has been busy on updating/enhancing the BETS OFF website
 - Responsive Design
 - Updated Security
 - Improved Facility Locator
 - Visitors can send inquiries directly to IGTP Funded providers

Choices Assessment

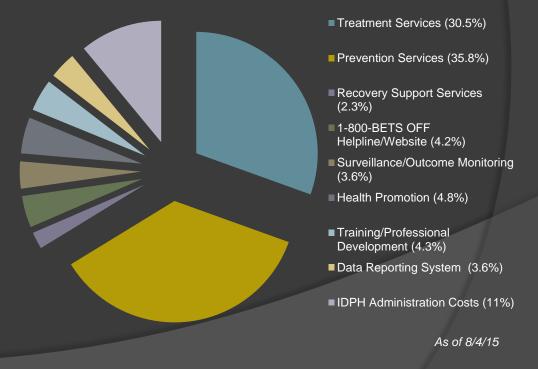
www.1800BETSOFF.org

Enhancement Update

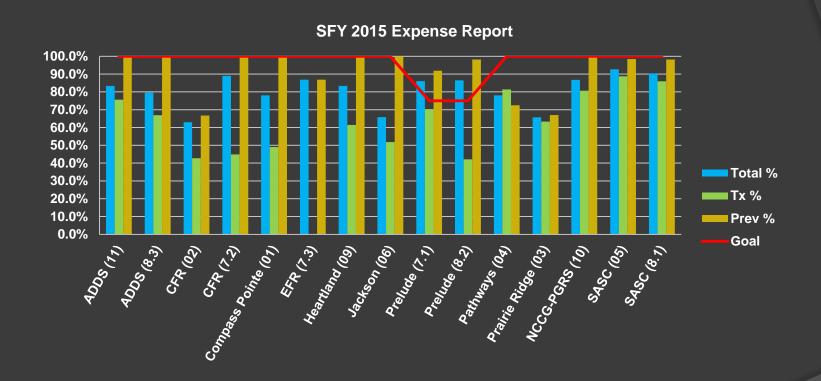
Tour?

IGTP Update SFY 2015 Expenses

SFY 2015 Expenses	
Treatment Services	\$768,985
Prevention Services	\$901,797
Recovery Support Services	\$56,910
BETS OFF Helpline & Website	\$106,418
Surveillance/Outcomes	\$91,091
Health Promotion	\$121,472
Training/Professional Development	\$107,492
Data Reporting	\$90,252
IDPH Administration	\$276,977
Total	\$2,521,394



IGTP Update SFY 2015 IGTP Funded Provider Expenses

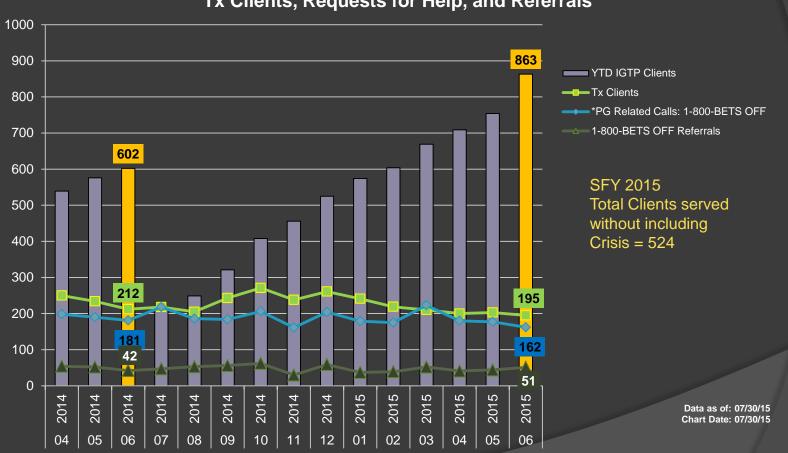


IDPH Provider Treatment/Prevention **Contracts**

- YTD Expenditures = \$1,681,692
- YTD Budget = \$1,987,403

IGTP Update – Utilization **Treatment**

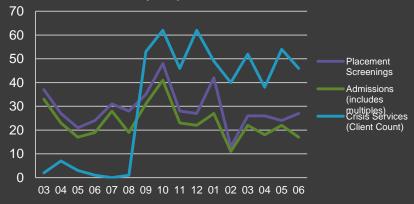
Iowa Problem Gambling Treatment Program Tx Clients, Requests for Help, and Referrals



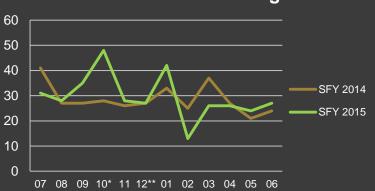
Source: I-SMART and ISU as of 7/30/2015

IGTP Update – Utilization **Treatment**









Admissions:

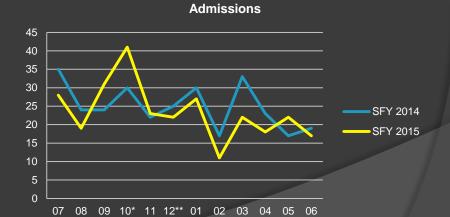
- SFY 2014 = 299
- SFY 2015 = 281

Placement Screenings:

- SFY 2014 = 344
- SFY 2015 = 355

• Crisis:

- 557 contacts (469 clients)
- 117 Placement Screenings
- 103 Admissions



Source: I-SMART as of 7/30/2015

IGTP Update - Utilization Treatment (July-March)

Translation and Complete	Oliant Oasset	Encounter	Tatalllaum
Treatment Service	Client Count	Count	Total Hours
Gambling-Care Coordination	98	348	169.75
Gambling-Crisis Service (Pre-Admission)	318	398	292.67
Gambling-Family counseling	73	200	232.0
Gambling-Financial Counseling	30	75	42.5
Gambling-Group	142	1,625	2,691.63
Gambling-Individual	411	3,487	3,852.12
Gambling-Placement Screening	319	337	384.98
Treatment Total	739	6,470	7,665.65
Gambling-Crisis Service E-Therapy (Pre-Admission)	230	411	214.92
Gambling-Financial Counseling (E-Therapy)	3	4	2.5
Gambling-Group (E-Therapy)	1	1	2.0
Gambling-Individual (E-Therapy)	216	1,217	764.87
Gambling-Placement Screening (E-Therapy)	11	11	9.5
Distance Treatment Total	388	1,644	993.79
All Treatment Services – Grand Total	873	8,114	8,659.44

Source: I-SMART as of 7/30/15

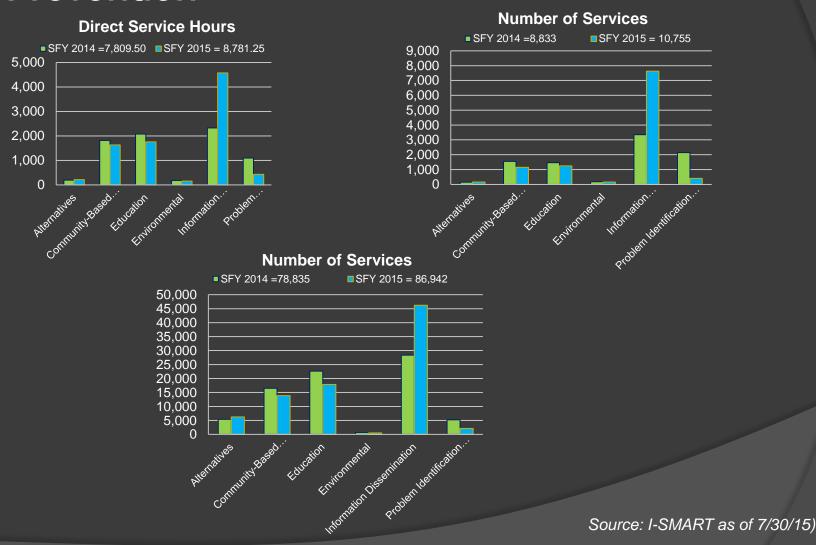
IGTP Update - Utilization Recovery Support Services (July-March)

Service Name	Agency Count	Client Count	Total Encounters	Total \$'s
RSS - Gas Card	8	103	591	\$13,858
RSS - Clothing/Hygiene	5	39	44	\$2,799
RSS - Wellness	7	36	53	\$4,743
RSS - Housing Rental Assistance	6	30	48	\$20,336
RSS - Bus/Cab	4	22	70	\$2, 049
RSS - Utility Assistance	5	24	35	\$7,154
RSS - Life Skills Coaching	1	5	25	\$1,248
RSS - Independent Living	3	5	5	\$2,441
RSS - Electronic Recovery Support	1	4	11	\$122
Total	9	131	882	\$54,750

Source: I-SMART as of 4/29/15

IGTP Update - Utilization

Prevention



IGTP Updates Data, Performance, Outcomes

- IGTP Service Matrix Payment Source
 - BC/BS and Other Insurance = 12
 - Medicaid = 29
- SFY 2015 Discharges = 358
 - 41.6% Successfully/Substantially Completed (149)
 - 53.1% Client Left (190)
 - 48 clients with 12 or more sessions (average 33.6 encounters)
- SFY 2015 Wait Times
 - Placement Screenings
 - 70.5% within 5 days of first contact (Avg. = 4.57 days)
 - Goal = 85%
 - Admissions
 - 77.2% within 10 days of first contact (Avg. = 8.0 days)
 - Goal = 85%

Source: I-SMART as of 7/30/15)

IGTP Health Promotion Campaign

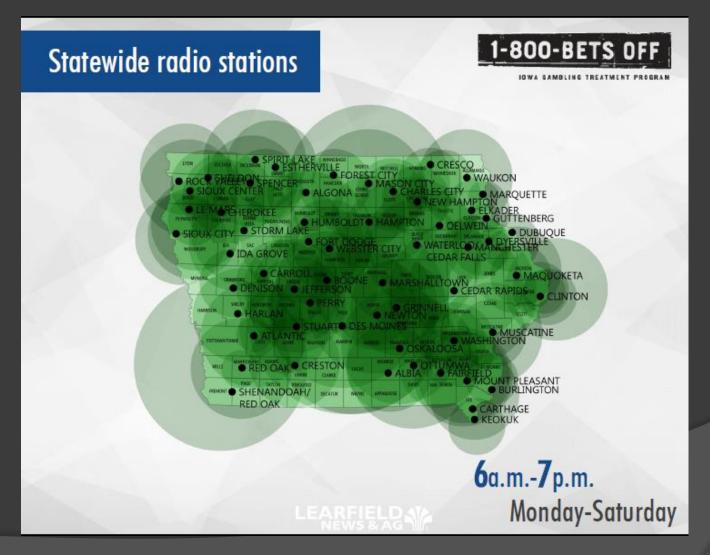






Coming in the fall of 2015

- 2x3 Posters based on banners and Magnets
- Casino and Provider



2015 RADIO August - December



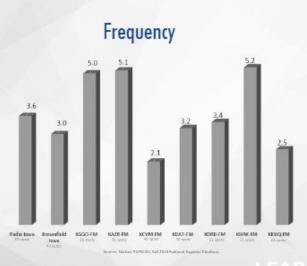
Station or Network	Length	Spots Scheduled to Air Including Bonus	Local Messages	Number of Weeks	Bonus Value
86 Radio Stations Statewide Radio Iowa (57 stations) Brownfield Iowa (55 stations) Des Moines: KDRB, KGGO, KAZR Cedar Rapids: KDAT, KHAK Waterloo: KCVM, KKHQ	:30	248	5,267	18	\$4,430
	:15	255	255	17	\$2,839

LEARFIELD Y



Reach: 1,151,600 Frequency: 4.2

Gross Impressions: 4,889,300





EARFIELD Y

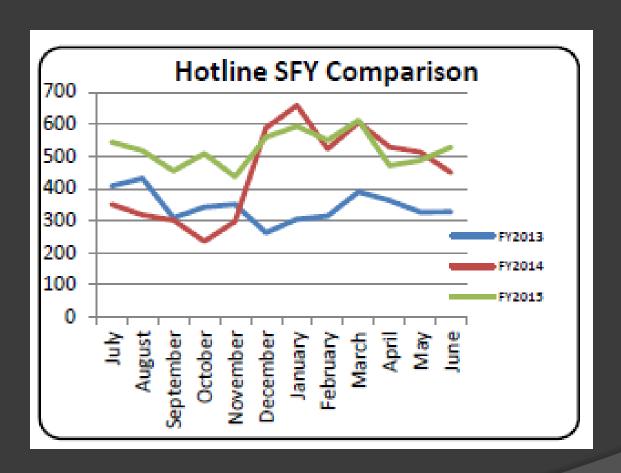
- Statewide Radio August December
- 15's and 30's to maximize
- Continuation of Secrets and Questions compaign
- http://www.idph.state.ia.us/IGTP/Toolche
 st.aspx and scroll to Health Promotion

IGTP Prevention & Treatment

Updates

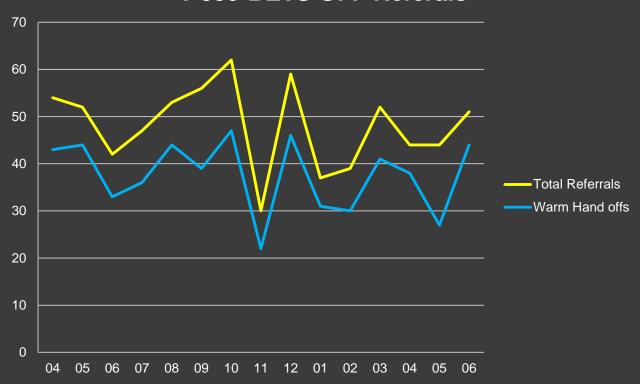
- ADDS
- OFR
- Compass Pointe
- EFR
- Heartland Family Service
- Jackson Recovery Centers
- Prelude
- PGRS/NCCG
- Pathways
- Prairie Ridge
- SASC

IGTP Contractor Updates ISU-Extension Office (1-800-BETS OFF)



IGTP Contractor Updates ISU-Extension Office

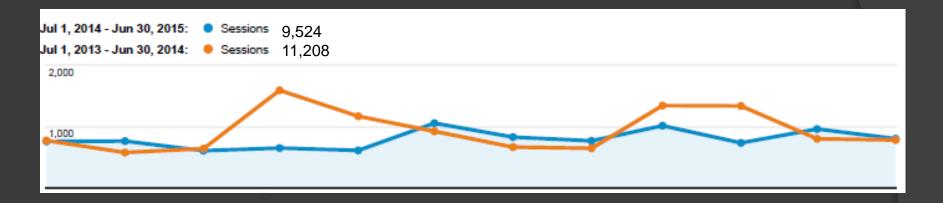
1-800-BETS OFF Referals

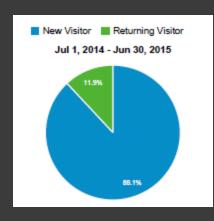


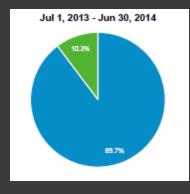
^{*} Starting in October 2013, includes "Live Chat" Requests for Help

^{**}Out of State Area Code block removed from the Help Line

IGTP Contractor Updates Visionary - www.1800BETSOFF.org









IGTP Contractor Updates

- ISAIC
- UNI-CSBR
- U of I Consortium/Iowa Youth Survey
- Training Resources

Other Stakeholder Reports

- Iowa Gaming Association
- Iowa Lottery
- Iowa Racing and Gaming Commission
- Others

Increasing Program Enrollment Self-Exclusion Work Group/Pilot

- Have met monthly since August 2014
- Proposed adopting "warm hand off" process for self-exclusion requests
- IDPH taking under advisement possible legislation to amend current self-exclusion language (2016 session)
- Change in Forfeiture language on IGA Self-Exclusion Form

Quarterly Round Table Calls

- TX and RSS Roundtable (06/05/2015)
 - Mindful Steps To Forgiveness Lori Rugle, Ph.D.
 - Review of IGTP Monthly Counts
 - Increasing Enrollment Work Group update
 - www.1800BETSOFF.org website updates coming
 - Crisis Module Discussion
 - Data Reporting
 - In person meeting 9/4/15 in Des Moines (11-2:30)

Quarterly Round Table Calls

- Prevention Roundtable (07/7/15)
 - Work Force Tool Kit EFR/HFS
 - Youth Gambling Presentation
 - MCPGSA/NCPG Conferences debrief
 - School Policy
 - Technological Kid
 - SPF and Problem Gambling Prevention

Other Business

- Responsible Gaming Education Week (RGEW) (August 3-7, 2015), American Gaming Association (AGA). Their link for this is: http://www.ncrg.org/public-education-and-outreach/events/rgew
 - Responsible Gaming Ed Week is sponsored by the gaming industry
- National Recovery Month is every September (26th Year)
 - Link for information: http://www.recoverymonth.gov/
 - Road To Recovery Episodes
 - May 6, 2015 Healing and Empowerment: Families on the Road to Recovery
- IGTP Website Updates
 - http://www.idph.state.ia.us/IGTP/Default.aspx
 - Transitioning to <u>www.idph.iowa.gov/IGTP</u> in the next 4-6 weeks.

Upcoming Trainings

- 16th annual NCRG Conference on Gambling and Addiction
 - September 27-29, 2015 Las Vegas.
 - For more information: http://www.ncrg.org/public-education-and-outreach/conference
- 16th International Conference on Gambling and Risk Taking (Eadington Conference)
 - June 6-10, 2016 at the Mirage in Las Vegas.
 - Call for papers due December 1, 2015
 - For more information on the conference, visit www.igi.unlv.edu/conference

Next IGTP Stakeholder Meetings

- 9 am Friday, November 13, 2015
- 9 am Friday, February 5, 2016
- 9 am Friday, May 6, 2016
- 9 am Friday, August 5, 2016